HUME LAKE CHRISTIAN CAMPS

COUNSELOR GUIDEBOOK

WELCOME!

We are excited to have you as a part of the Hume Lake team; a team that is dedicated to reaching people for Jesus Christ. We believe that, as counselors, you are a key part of this ministry.

Camp Counseling is definitely not a vacation. Counseling involves hard work, long hours, and sleepless nights, but can be one of the greatest blessings of your life. You are going to be watched very closely by the campers. Your spiritual life, words, attitudes and how well you know your Bible will also be watched closely. How we live our lives is a more powerful tool than how we tell others to live theirs. God has you and your campers here for a reason.

If you are feeling a little overwhelmed, it is understandable. Find your strength resting completely in God. You may want to ask God to examine and prepare your heart. Ask for His wisdom. Find yourself resting in His Grace. We also will be praying for you that He will keep you sensitive to the campers' needs. Prayer is a powerful tool. Pray for your campers, and come prepared to see God work. This booklet is designed to give you some ideas about your responsibilities as a counselor. After you arrive at Hume, you will be given more specific instructions. Please read this booklet carefully.

CAMP PHILOSOPHY

Our primary goal is to glorify God through the preaching of His Word and the provision of an environment where His voice is heard above all else. Believing that each individual camper, counselor, or conferee must repent of sin and put their faith in Christ Jesus alone for salvation, we strive to create programs that draw participants to this ultimate end. In addition, we also value programming that encourages life-long discipleship, evangelism, and replication here or on a foreign mission field.

Recognizing that young people come to Hume Lake to have fun, we endeavor to provide an atmosphere of excellence in food, housing, recreation, free-time opportunities, teaching, music and adventure. By providing excellence in all we do, we believe that students' respect and trust can be earned in a short period of time, and an avenue of opportunity can be created through which the gospel of Christ can be shared effectively. If we fail to provide excellence in any category, the "fun" disappears, and we lose the opportunity to influence the lives of campers.

Obviously, a clear goal and organized philosophy of ministry are not enough to transform the lives of students and we recognize this from the start. If not for the work of the Holy Spirit in individual hearts and minds, all our human efforts would be for nothing. With this in mind, we encourage you to join us in prayer. Prayer for the individual students, prayer for the speaker, prayer for the worship leaders, referees, fryers, toilet cleaners, volunteers, youth pastors, hosts, parents, full-time staff and all the rest. For with prayer, we cannot fail. We encourage you to do all that you can to impact students' lives at Hume Lake, but always keep in mind that there's only so much you can do.

COUNSELOR RESPONSIBILITIES

Requirements

- You must be a born again Christian and exemplify a consistent testimony for Christ (1 John 5:11-15).
- Counselors must possess good moral character and have no involvement in the criminal justice system on moral charges.
- Counselors must be at least 18 years of age, and Hume requires them to be high school graduates. In addition, counselors need to be at least two years older than the oldest camper in the age group they are counseling.
- You need to understand the age characteristics of your campers and be prepared to deal with personal decisions for salvation and other commitments. For questions regarding more serious commitments or problems, see the speaker or Lead Counselors.
- You will be expected to provide primary supervision of your campers at all times. recreation and any other situations that may arise is essential. Please express any concerns to a lead counselor instead of to your campers. Please confront your campers one-on-one, rather than in a large group.
- Having a positive attitude in regard to the food, cabin, speakers, leaders, recreation and any other situations that may arise is essential. Please express any concerns to a lead counselor instead of to your campers. Please confront your campers one-on-one, rather than in a large group.
- Campers and Counselors are expected to abide by the “4 Ms”:
    - BE AT ALL MEETINGS
    - BE AT ALL MEALS
    - MODESTY
      Any symbols on clothing need to be wholesome and clean. Ladies, two-piece bathing suits are not allowed, please bring a one-piece; also, no spaghetti straps and please wear tops that are not “too-low” and cover your midriff.
    - NO MESSING AROUND
      - No drugs, alcohol or tobacco
      - No firearms, fireworks or weapons of any kind
      - No wrestling or horseplay
      - No GUYS in GIRLS cabin area
      - No GIRLS in GUYS cabin area
      - No electronic devices

- Stay out of the way of traffic
- No Diving in the Lake
- Anything else not included here that should be

Common Sense Requirements – Please DO NOT. . .

- Bring your own children with you (this includes nursing babies).
- Bring animals or pets of any kind with you.
- Come expecting a vacation (It's hard work!).
- Expect to have time to spend with your boy/girlfriend. Spend time with your campers.
- Discuss personal problems in front of campers. See your Lead Counselor if you need to talk.
- Introduce questionable or controversial doctrines or beliefs.
- Allow or tolerate cabin raids, food fights, playing with food or any destructive or harmful activities.

Duties

You are responsible to the Lead Counselors and are expected to cooperate with all other camp leadership. THEREFORE,

- Keep the Lead Counselor informed of any discipline problems.
- Keep the Lead Counselor advised of any emotional problems that might affect other campers.
- Advise the Lead Counselor of any physical damage to Hume facilities.

Counseling & Discipline

- You are legally required to report any observations or information relating to campers in abusive situations (i.e. physical, emotional, sexual or neglect). Please notify the Lead Counselor.
- There is a delicate balance between counseling and policing your campers. We expect you to have control, but with a caring, counseling attitude.
- Physically and/or mentally cruel punishments shall not be administered.
- Counselors must refrain from any inappropriate touching of campers which might be misinterpreted. Please refrain from roughhousing or manhandling campers in any manner which might be viewed as offensive, or could be physically harmful to the camper.
- Be sure to include the Lead Counselor in any significant discipline matters.
- Be careful not to tolerate any inappropriate behavior by campers (i.e. hazing, harassment or anything questionable). If you have doubts, it probably should not be happening.

Miscellaneous

- Learn campers' names and make "appointments" with them as soon as possible. The Lead Counselor will provide more information when you arrive. You are encouraged to spend quality time with your campers, even during "free time."
- Attendance at all counselor meetings, meals and other meetings is mandatory. Please be prompt. You will be held accountable for your campers during meetings, meals, recreation, lights-out time, etc.
- Be aware of your campers' special needs. Comply with all special requests from the nurse regarding limitations, etc.
- You may be asked to counsel campers from schools or churches other than your own. If some of your campers are not from your school or church, make a special effort to include them, and make them feel a part of the group.
- During meeting times, we believe that guys should counsel guys, and girls should counsel girls. Please see the Lead Counselor to discuss special situations.
- Be prepared to lead cabin devotional time (refer to "Devotional Time").
- Please confer with the Lead Counselor for all medical needs, with the exception of free time.
- Help your campers protect their valuables (theft happens...even at Hume Lake).
- Please remember that your responsibility to your campers does not end at camp. Make every effort to follow up on decisions they make while attending camp.
- Smoking and alcohol consumption are never permitted by campers or staff at Hume Lake. Be on the lookout for drugs, alcohol, cigarettes, etc. Report to the Lead Counselor if found. Prescription drugs will be administered under the supervision of a Health Supervisor (with exceptions for inhalers and Epipens).

GENERAL INFORMATION

Doctrinal Differences

As a matter of operational policy while at Hume, we ask our staff and counselors not to teach, promote or practice any major doctrinal issues which have historically brought disunity or division. We are not asking staff or counselors to change their personal beliefs, simply to adhere to this policy which exists for the order, harmony and good of all.

Dress Code

- Modesty is the policy at Hume Lake Christian Camps. Modesty in all areas of dress is a strong part of every Christian's testimony. Special attention should be given to fit, appropriateness and slogans. Also, shoes and shirts are required during all meals and around camp.
- One-piece bathing suits are required. Those without a one-piece suit may wear a dark-colored T-shirt to cover a two-piece. Here are some examples of things that do not conform to the modesty concept: Girls -- Extreme French-cut bathing suits, low-cut &/or revealing necklines, open midriff, tops or dresses with spaghetti straps that are smaller than 1". Guys -- Speedos or underwear showing over pants/shorts that hang too low.

Meetings

Counselors are responsible for helping to maintain control during meetings. During concerts, we ask that campers refrain from any type of dancing that draws undue attention to themselves, is overtly sexual or dangerous. We also ask that everyone keep out of the aisles for safety reasons. Please help the Lead Counselor maintain control in this area.

Dining Hall

- Please be sure there is one counselor at each table. You are responsible to keep order at your table. Please do not allow mixing food, garbage piles or playing games with food/utensils, etc.
- When someone is speaking from the platform, you are responsible to keep your table quiet.
- Please be sure that all dishes are cleared to the dish corner and your table is wiped down before leaving the dining hall.

Attendance

- Attendance is required for everyone at all meetings, meals, seminars and activities unless excused by the Lead Counselor or the nurse.
- No one is to leave the grounds without permission. Even then, this should be done only with

counselor's knowledge and approval by Lead Counselors.

- Armbands must be worn on the wrist at all times. Lost or broken armbands must be replaced. There will be a charge, and they can be obtained from the Lead Counselor.

Housing

Each cabin group is responsible for keeping their cabin clean. Please inspect your cabin upon arrival, reporting any deficiencies to the Lead Counselor. Your church or school will be held financially responsible for any damage to your place of housing during your stay. Please stay out of other's cabins. Girls' areas are "off-limits" to all guys; guys' areas are "off-limits" to all girls.

Personal Property

Radios, iPods, Cell Phones, Walkmans, electronic games, and equipment are not permitted by campers at Hume Lake. Lead Counselors will ask you to collect and label them. They will be returned before you leave camp. Because of increased vandalism and graffiti, we encourage you to confiscate all felt pens and any other items that may be used to write or carve with. Please be aware that squirt guns, water balloons, fireworks, knives, etc. are not allowed.

Transportation

Due to liability considerations, after you arrive on the Hume Lake grounds, please do not transport campers without permission from the Lead Counselor or Camp Nurse until you depart for home.

Recreation

- Be enthusiastic and positive. Lead your team in activities and be willing to participate when called upon by the recreation leader. Your campers will only get as excited as you do. Your attitude toward the referees is critical. You should be an example of Christian maturity during this time.

Bike Rental Rules (Weather permitting—no ice or snow on roads)

- Stay on designated pathways: no off-roading. (The Forest Service charges a $60 fine for going off-road!)
- You must return the bike the same day you rent it.
- All bicycles are considered vehicles and must obey all traffic laws as they apply to any vehicle on the road per the California vehicle code.
- No bicycles are allowed on the walking path along the lake.
- Bicycle helmets are required for those 18 years and under.

Boat/Canoe/Kayak Rental Rules

- Every student must wear a lifejacket. Every adult must at least have a lifejacket in the boat with them.
- No boats in the Sandy Cove Beach area.
- No standing in the boats.
- No swimming from the boats.
- No beaching the boats for more than one hour.
- Damage to boat is church's or school's responsibility.
- Boat must be clean when returned.
- All boats must stay this side of the large rock on the south side of the lake. (Outdoor Ed only)

Hiking

Campers must be accompanied by a counselor whenever they leave Hume Lake Christian Camps property.

In-Line Skates & Skate Rental Rules

- Skates must be used in Ark skate rink only. Skateboard Rules:
- No skateboards are allowed on the walking paths, stairs, wood decks, or porches.
- Rented equipment must stay at the Skate Park.
- Skateboarders must wear helmets at all times.

WINTER CAMP

Snow Facilities

- Inner tubes – To give everyone an opportunity to participate, we ask that they be returned after each session.
- Ice skates – They must be returned after each session.
- Snowboards – They will be rented on a half-hour basis to give the opportunity for many to participate.
- Infirmary – A nurse will be available in the Infirmary during recreation and free time. Consult the message board or see the Lead Counselors for help at other times.

Broom Hockey

The Broom Hockey Tournament will begin Saturday following the morning meeting. Sign-ups will be taken at breakfast. Teams consist of six to eight campers (separate guys' and girls' tournaments). You may want to come prepared with a clean, wholesome team name, etc. Team shirts are recommended.

Winter Reminders

- Snow play in unsupervised areas is potentially dangerous. Please use extreme caution.
- Tube Runs are for TUBES ONLY.
- Snowboard Runs are for SNOWBOARDS ONLY (unless specified by Program Staff).
- Please, no snow play in cabin areas.
- KEEP OFF FROZEN POND & LAKE! This is extremely dangerous. Watch for posted hazard signs.
- Counselors, please help to police areas that are closed or off-limits to campers.

DEVOTIONAL TIME

Each night, you are expected to have a devotional time with the campers in your cabin before you go to sleep. Listed below are some tips that may help you:

- Devotional time can be a review of what you learned from the speaker. The first night could possibly be a time of testimony and/or the expectations of campers. Have each camper share something, even if it is of little depth or meaning. Encourage interaction from the start. Use Scripture mentioned in the messages.
- Please stay away from controversial doctrines. As an interdenominational camp, we have campers from a variety of Christian backgrounds.
- Questions are a good way to stimulate useful discussion.
  Examples:
  What did the speaker say?
  What do you think about what he said?
  What changes will you be making in your life?
- Include prayer either as a group or individually.
  Examples:
  Pray for each other.
  Pray for specific needs.
- Be courteous to those in other cabins or rooms in terms of length and volume.

INFIRMARY AND MEDICAL NEEDS

1. Medical Release Forms must be in possession of the camp nurse before any treatment can be given to a camper or counselor. (Medical Release Forms must be signed via Hume Lake's website by parent or guardian prior to arriving at camp).

2. Campers taking medication while at camp must have a Medication Administration Record filled out and signed by a parent or guardian. All medication must be labeled according the instructions given on this form.

3. You, as counselors, are responsible to help have a safe week. It is your responsibility to see that your campers' health and safety are maintained while at camp.

- During Infirmary hours, take the ill or injured camper to the camp nurse.
- If you take a camper to the hospital to receive medical treatment, you must inform the Infirmary staff of the status of that camper, including if the camper went home, was admitted or is back at camp. Any additional medication must be turned in.
- Do not administer any of your own medicine to any camper.
- Drink plenty of water from a drinking fountain only, not a stream, pool or the lake.
- Encourage campers to eat all meals and drink fluids.
- Try to remain calm when someone is injured. When injury occurs, your responsibility is crowd control. Contact a staff person to transport the patient to the Infirmary. Stay with the injured camper.
- Do not hike or compete in activities barefooted. Bare feet are allowed in the pool and waterfront areas only.
- Do not swim with an earache or sore throat.
- Make sure your campers use sunscreen or sun block lotion.
- Try to discourage friends from coming to the Infirmary when someone is injured; there is no room for extras in the Infirmary.

Summer Camps 8 AM - 5 PM

- During the hours of 8 a.m. - 1 p.m., contact the Lead Counselors before bringing your ill or injured camper to the Infirmary. They will have a complete first-aid kit. Stay with your campers because you need to be aware of what is happening to each of them.
- Please take campers to the Lead Counselors first. DO NOT TAKE CAMPERS TO THE INFIRMARY WITHOUT FIRST SEEING A LEAD COUNSELOR.
- The Infirmary is open from 1 - 5 p.m. for walk-in patients.

Winter Camps

A nurse is on duty 24 hours a day. During recreation and free time, the nurse will be in the Infirmary. If he/she leaves, there will be instructions on the door as to where he/she may be reached. If the nurse is not in the Infirmary and there is an emergency, the quickest way to reach him/her is to go to the Administration Office or recreation window in the Ark and have him/her paged. You can also find a Redcoat (Lead Counselor) and they can call or radio the nurse.

Outdoor Education & Spiritual Emphasis

A NURSE IS ON DUTY 24-HOURS.

During the Fall & Spring, the nurse is on call and may not always be at the Infirmary. The best way to reach her is to find a Hume OE/SE Staff Member and have them call her on the radio.

If it is an emergency, the quickest way to reach her is to go to the Administration Office and have them page her.

AFTER INFIRMARY HOURS: 5:00pm - 8:00am

Please use discretion regarding the infirmary at night.

AN EMERGENCY IS SOMETHING WHICH CANNOT WAIT UNTIL THE FOLLOWING MORNING:

DO NOT TAKE CAMPER TO THE INFIRMARY WITHOUT FIRST GOING TO A HUME OUTDOOR EDUCATION STAFF MEMBER FIRST. When in Ponderosa camp for Spiritual Emphasis, the OE/SE Staff can be found upstairs in the Pondy Lodge. When camp is run out of Meadow Ranch for both Spiritual Emphasis and Outdoor Education the OE/SE Staff can be found in the rooms on the first floor of Cedar Hall near the stairs.

Infirmary Staff may issue a cabin permit signed by the nurse for a camper who we feel needs to just rest in their cabin for a short while. These are only issued if there is a shortage on beds in the Infirmary.

Please turn in any equipment lent out to a camper to the Infirmary before leaving camp and make sure you pick up your camper's medications.

Please monitor your campers to assure compliance with any restrictions they may have, as you will be held accountable. All medication to campers should be dispensed by nurse.

Your school is responsible for transportation of injured campers.

If your school arrives in a bus, or if the situation is life threatening, Hume Lake will arrange transportation.

CAMPER/COUNSELOR FIRE POLICY

Due to the location of Hume Lake Christian Camps and its potential fire danger, it is vital to understand the Emergency Fire Policy.

Reporting Fires

In the event you witness a fire, it is critical to get help as quickly as possible. A. You may sound the fire alarm by manually activating it at the alarm box located in front of the Administration Building. B. The alarm can be activated by dialing 911 from any in-camp phone. A dispatcher will respond to the call, please stay on the phone until help arrives.

First Stage Alert

The initial alarm will alert the Hume Lake Volunteer Fire Department. This sets into motion the process of determining the specific response to the reported fire. Campers and counselors are encouraged to be alert but no response is necessary at this time.

Second Stage Alert

Campers and counselors are requested to report back to their respective camps and await instructions from the camp's staff under the following conditions:

A. If after the initial siren sounds, a second alarm is activated and stays on for longer than two minutes.

B. If imminent or visible fire danger exists.

C. If requested to do so by the Hume Lake staff.

Emergency Evacuation Locations

Ponderosa Camp – Ponderosa Chapel

Meadow Ranch Camp – Meadow Ranch Chapel

Wagon Train Camp – Middle Grass Lawn by the Outpost

Winter Camp – Ponderosa Chapel

Wildwood – Dining area Spiritual Emphasis – Memorial Chapel

Outdoor Ed – Meadow Ranch Chapel

DOCTRINAL STATEMENT OF BELIEF

1. We believe in the Scripture of the Old and New Testament as verbally inspired by God, inerrant in the original writings, and that they are of supreme and final authority in faith and life.
2. We believe in one God, eternally existing in three persons: Father, Son, and Holy Spirit.
3. We believe that Jesus Christ was begotten by the Holy Spirit, was born of the Virgin Mary, and is true God and true man.
4. We believe that man was created in the image of God; that he sinned, and thereby incurred not only physical death, but also Spiritual death which is separation from God; and that all human beings are born with a sinful nature, and in the case of those who reach moral responsibility, become sinners in thought, word and deed.
5. We believe that the Lord Jesus Christ died for our sins according to the Scriptures as a representative and substitutionary sacrifice and that all who believe in Him are justified on the grounds of His shed blood.
6. We believe in the resurrection of the crucified body of our Lord, in His ascension to Heaven, and in His present life there for us as High Priest and Advocate.
7. We believe in "That blessed hope," the personal, pre-millennial and imminent return of our Lord and Savior, Jesus Christ.
8. We believe that all who receive by faith the Lord Jesus Christ are born again of the Holy Spirit and thereby become children of God.
9. We believe in the bodily resurrection of the just and unjust, the everlasting blessedness of the saved and the everlasting, conscious punishment of the lost.
10. We believe in the great commission which our Lord has given to His Church to evangelize the world and that this evangelization is the great mission of the Church.

ADDITIONAL NOTE

We believe that the ministry of the Holy Spirit in the life of a believer is to glorify Jesus Christ in and through that life. Since the Holy Spirit desires to unify and edify all members of the Body of Christ, we do not teach or practice any interpretation of the ministry or gifts of the Holy Spirit which have historically acted to bring disunity to the Body of Christ.